



Mount Vernon Extension Center Summer 2010

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Jr. Chef Academy

For Ages 9-15

Jr. Chefs, ages 9 -15, will learn kitchen safety, basic nutrition, cooking and baking techniques, and food preparation skills. Weekly topics include Fun with Healthy Foods, Snack Attack, Baker's Delight, and Let's make a Meal. New recipes and menus are introduced each week. Students will sample treats and take them home along with recipes.

Choose one or more age-appropriate weeks for a food-and-fun-filled summer!

Monday-Thursday , 9:00 am-4:00 pm, includes supervised lunch break (students must bring their own lunch), \$275 (+ \$50 materials & lab fee, payable at the time of registration.)

Ages 9-11 June 28 - July 1 #MV-V133

Ages 10-12 July 6 - 8 #MV-V134 (Tuesday -Thursday, \$210 +\$35)
July 12 -15 #MV-V135

Ages 12-14 July 19 - 22 #MV-V136

Ages 13-15 July 26 - 29 #MV-V137



Contact Us for Registration Information

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